



## Mudgee Tri Club child safe risk assessment (Race)

<b>Organization Name:</b>	Mudgee Tri Club	<b>Date:</b>	October 2024
<b>Address:</b>	Lawson Park, Mudgee, NSW. 2850	<b>Contact Position:</b>	Child Safe Officer
<b>Prepared by:-</b>	Subcommittee Mudgee Tri Club	<b>Contact Phone Number:</b>	<b>rgainsford@gmail.com</b>
<b>Approved by:-</b>	<b>MTC</b>	Signature	
<b>Checked by:-</b>	Tri NSW	Signature	

STEP 1 - IDENTIFY	STEP 2 – ASSESS RISKS			STEP 3 – REVIEW CONTROL MEASURES	STEP 4 – Person(s) Responsible	
ACTIVITY / ASPECT List what is involved in the activity required to be performed in the sequence it would be done	POTENTIAL HAZARD / IMPACT Against each activity list the potential hazards / impacts that could cause injury / damage when the activity is performed	Risk Score from matrix			REQUIRED HAZARD / IMPACT CONTROL For each hazard / impact identified, list the control measures required to minimise the risk of the hazard / impact	PERSON(S) RESPONSIBLE Nominate who will action and review the controls:
		Likelihood	Consequence	Risk No Controls		
1. Event Setup	<ul style="list-style-type: none"> <li>Isolated areas</li> </ul>	Unlikely	Major	High	<ul style="list-style-type: none"> <li>Marshalls in Hi-Vis</li> <li>At least one representative to have a current First Aid certificate.</li> <li>Buddy System</li> <li>Children under 8 accompanied</li> <li>Race briefing to cover risk</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Drowning</li> </ul>	Rare	Catastrophic	High	<ul style="list-style-type: none"> <li>Lifeguard on duty at all times</li> <li>Parents supervision</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>Lifeguard</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Unsupervised children</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Parents supervision at all times</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> </ul>
	<ul style="list-style-type: none"> <li>Inclement weather - rain.</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Consider stopping race until rain has passed over.</li> <li>Consider cancelling race</li> </ul>	<ul style="list-style-type: none"> <li>Race director</li> <li>Committee</li> </ul>
	<ul style="list-style-type: none"> <li>Weather - Sun and heat (UV, sunburn).</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Maintain hydration through adequate water supply and take advantage of shaded areas; schedule or reschedule race.</li> <li>Closely monitor members for signs of fatigue. Sunscreen is to be reapplied every 2 hours and 20 minutes before going outside or as required.</li> <li>First Aid Kit to be available and stocked with appropriate equipment</li> </ul>	<ul style="list-style-type: none"> <li>All</li> </ul>



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	<ul style="list-style-type: none"> <li>Extreme weather conditions - Lightning strikes, crush injuries from falling tree limbs in high wind / storm situations, head / soft tissues damage from large hail stones.</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Stay informed of weather forecasts, stay alert to changing weather conditions throughout the day,</li> <li>Avoid racing in extremely windy conditions.</li> <li>Cease race if lightning is observed. Do not resume until 15 mins after last lightning strike</li> </ul>	<ul style="list-style-type: none"> <li>Race director</li> <li>Committee</li> </ul>
	<ul style="list-style-type: none"> <li>Personal injury</li> </ul>	Unlikely	Minor	Low	<ul style="list-style-type: none"> <li>Correct lifting techniques</li> <li>Share loads</li> <li>First Aid Kit to be available and stocked with appropriate equipment</li> </ul>	<ul style="list-style-type: none"> <li>All</li> </ul>
2. Swim leg	<ul style="list-style-type: none"> <li>Drowning</li> </ul>	Rare	Catastrophic	High	<ul style="list-style-type: none"> <li>Lifeguard on duty at all times</li> <li>Parents supervision</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>Lifeguard</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Access and egress Shallow water</li> </ul>	Rare	Minor	Low	<ul style="list-style-type: none"> <li>Use of ramp to enter pool</li> <li>No diving in shallow end or kids pool</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>Lifeguard</li> <li>All</li> </ul>
3. Transition 1	<ul style="list-style-type: none"> <li>Struck by participant</li> </ul>	Unlikely	Minor	Low	<ul style="list-style-type: none"> <li>Keep transition clear</li> <li>Race briefing to outline</li> <li>General housekeeping of transition area</li> <li>At least one person to have current First Aid certificate.</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Collision with non-participants</li> <li>Injury running barefoot in transition</li> </ul>	Unlikely Rare	Minor Minor	Low Low	<ul style="list-style-type: none"> <li>Bunting</li> <li>Race briefing to outline</li> <li>Clean area &amp; check before race</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>All</li> <li>Committee</li> </ul>
4. Ride (Shorter Courses)	<ul style="list-style-type: none"> <li>Collision with other road users</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Signage</li> <li>Marshalls in Hi-Vis</li> <li>Closed roads</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Collision with participant</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>No drafting</li> <li>Race briefing to cover risk</li> </ul>	<ul style="list-style-type: none"> <li>All</li> </ul>
5. Ride (Long Course)	<ul style="list-style-type: none"> <li>Isolated areas</li> </ul>	Likely	Major	Extreme	<ul style="list-style-type: none"> <li>Marshalls in Hi-Vis, &amp; to know number of competitors</li> <li>Buddy System</li> <li>Race briefing to cover risk</li> <li>Sweep vehicle/bike.</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshall</li> <li>All</li> </ul>



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	<ul style="list-style-type: none"> <li>Collision with other road users</li> </ul>	Possible	Minor	Medium	<ul style="list-style-type: none"> <li>Signage</li> <li>Marshalls in Hi-Vis</li> <li>Road rules adhered to</li> <li>Race briefing</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshall</li> <li>All</li> </ul>
6. Transition - 2	As Above	As Above	As Above	As Above	As Above	As Above
7. Run	<ul style="list-style-type: none"> <li>Interaction with. Public; Cars; Open Park</li> </ul>	Likely	Minor	Medium	<ul style="list-style-type: none"> <li>Marshalls in Hi-Vis</li> <li>Signage</li> <li>Race briefing to outline</li> <li>Cones, bunting</li> <li>Children under 8 accompanied, or visible at all times.</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshall</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Isolated areas</li> </ul>	Unlikely	Major	High	<ul style="list-style-type: none"> <li>Marshalls in Hi-Vis</li> <li>At least one representative to have a current First Aid certificate.</li> <li>Buddy System</li> <li>Children under 8 as above</li> <li>Race briefing to cover risk</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Exhaustion</li> <li>Dehydration</li> <li>Injury</li> </ul>	Unlikely	Minor	Low	<ul style="list-style-type: none"> <li>Water stations</li> <li>Shade provided</li> <li>Monitor race conditions</li> <li>At least one representative to have a current First Aid certificate.</li> <li>Defibrillator at Pool</li> <li>Electrolytes available</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>All</li> </ul>
8. Post race Event pack up	<ul style="list-style-type: none"> <li>Isolated areas</li> </ul>	Unlikely	Major	High	<ul style="list-style-type: none"> <li>Marshalls in Hi-Vis</li> <li>At least one representative to have a current First Aid certificate.</li> <li>Buddy System</li> <li>Children under 8 accompanied</li> <li>Race briefing to cover risk</li> <li>General</li> </ul>	<ul style="list-style-type: none"> <li>Parents/Guardians</li> <li>Marshalls</li> <li>All</li> </ul>
	<ul style="list-style-type: none"> <li>Personal injury</li> </ul>	Unlikely	Minor	Low	<ul style="list-style-type: none"> <li>Parents supervision</li> <li>First Aid Kit to be available and stocked with appropriate equipment</li> </ul>	<ul style="list-style-type: none"> <li>All</li> </ul>



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Likelihood	Risk level				
Almost certain	Medium	High	High	Extreme	Extreme
Likely	Medium	Medium	High	Extreme	Extreme
Possible	Low	Medium	High	High	Extreme
Unlikely	Low	Low	Medium	Medium	High
Rare	Low	Low	Medium	Medium	High
Consequence	Insignificant	Minor	Moderate	Major	Catastrophic